

Männer

| Pl. | St Nr | Name | Verein | AK | AK-Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|-------------------------|--|--------|--------|--------------|-------------|
| 1 | 81 | Okuniev Yevhen | | M35 | 1 | 0:38:21 (1) | 0:38:22 |
| 2 | 102 | Paul Schaaf | Sparda-Team Rechberghausen | M50 | 1 | 0:44:05 (2) | 0:44:05 |
| 3 | 46 | Tim Heilig | TSG Salach | MJ U18 | 1 | 0:45:55 (3) | 0:45:58 |
| 4 | 364 | Dominik Leon Kontermann | Staufeneckschule Salach | MJ U16 | 1 | 0:47:38 (4) | 0:47:50 |
| 5 | 123 | Michael Stark | | M35 | 2 | 0:47:43 (5) | 0:48:01 |
| 6 | 26 | Stefan Engelhard | TSG Salach | M55 | 1 | 0:51:27 (7) | 0:51:30 |
| 7 | 113 | Daniel Schuster | Schuster Innenausbau | M35 | 3 | 0:51:24 (6) | 0:51:32 |
| 8 | 308 | Julian Blessing | Staufeneckschule Salach | MJ U14 | 1 | 0:52:37 (8) | 0:52:46 |
| 9 | 319 | Markus Dornstauder | Staufeneckschule Salach | MJ U14 | 2 | 0:52:45 (9) | 0:52:54 |
| 10 | 125 | Guenter Staudinger | AST Süßen | M50 | 2 | 0:54:45 (10) | 0:54:52 |
| 11 | 143 | Uwe Osswald | | M60 | 1 | 0:55:52 (11) | 0:55:58 |
| 12 | 60 | Sebastian Kaubukowski | | M40 | 1 | 0:55:58 (12) | 0:56:14 |
| 13 | 41 | Reini Grübl | TSG Salach AH | M55 | 2 | 0:58:07 (13) | 0:58:15 |
| 14 | 2 | Matthias Allmendinger | Sanitär - Heizung Allmendinger | M35 | 4 | 0:58:15 (14) | 0:58:33 |
| 15 | 90 | Halil Özen | Staufeneckschule Salach | MJ U18 | 2 | 1:02:25 (15) | 1:02:31 |
| 16 | 59 | Stephan Jüngling | | M40 | 2 | 1:04:20 (16) | 1:04:22 |
| 17 | 124 | Werner Staudenmayer | AST Süßen | M60 | 2 | 1:06:32 (17) | 1:06:41 |
| 18 | 144 | Bernd Schweizer | | M40 | 3 | 1:06:58 (18) | 1:07:09 |
| 19 | 84 | Siegfried Millig | | M45 | 1 | 1:07:22 (19) | 1:07:25 |
| 20 | 61 | Maximilian Kirner | Vom Zipfel bis zur Sohle - stets zum Wohle | M30 | 1 | 1:07:32 (20) | 1:07:34 |
| 21 | 27 | Nico-Maxim Finckh | Frisch Auf! | MJ U16 | 2 | 1:15:20 (21) | 1:15:23 |
| 22 | 42 | Eray Güler | Staufeneckschule Salach | MJ U16 | 3 | 1:21:35 (22) | 1:21:41 |

Frauen

| Pl. | St Nr | Name | Verein | AK | AK-Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|------------------|----------------------------|-----|--------|-------------|-------------|
| 1 | 121 | Tanja Staffa | Sparda-Team Rechberghausen | W40 | 1 | 0:55:19 (1) | 0:55:22 |
| 2 | 52 | Elvira Hohberger | | W60 | 1 | 0:58:21 (2) | 0:58:28 |
| 3 | 6 | Karin Bauer | | W50 | 1 | 1:05:03 (3) | 1:05:08 |