

### Männer

| Pl. | St Nr | Name                | Verein                      | AK     | AK-Pl. | Netto-Zeit   | Brutto-Zeit |
|-----|-------|---------------------|-----------------------------|--------|--------|--------------|-------------|
| 1   | 355   | Niklas Ingerl       | AST Süßen                   | MJ U20 | 1      | 0:24:45 (1)  | 0:24:47     |
| 2   | 429   | Steffen Wagner      | Sparda-Team Rechberghausen  | M30    | 1      | 0:25:52 (2)  | 0:25:53     |
| 3   | 409   | Marc Scholz         | Sport Schwab Laufteam       | M      | 1      | 0:26:57 (3)  | 0:26:59     |
| 4   | 401   | Jens Lüdtker        | Alb Aktiv Lauf-Team         | M50    | 1      | 0:27:13 (4)  | 0:27:15     |
| 5   | 453   | Michael Kathe       | Sparda-Team Rechberghausen  | M50    | 2      | 0:28:36 (7)  | 0:28:39     |
| 6   | 331   | Markus Gebauer      | Running Gag                 | M30    | 2      | 0:28:36 (6)  | 0:28:55     |
| 7   | 350   | Leonhard Holzner    | Running Gag                 | M      | 2      | 0:28:35 (5)  | 0:28:55     |
| 8   | 303   | JENS ANDERLE        | AST Süßen                   | M40    | 1      | 0:29:02 (8)  | 0:29:06     |
| 9   | 446   | Chris Mattes        | AST Süßen                   | M30    | 3      | 0:30:09 (9)  | 0:30:13     |
| 10  | 441   | Christian Ahl       | Salacher TC                 | M40    | 2      | 0:30:41 (10) | 0:30:48     |
| 11  | 327   | Emanuele Ferraro    | AST Süßen                   | M      | 3      | 0:30:47 (11) | 0:30:52     |
| 12  | 357   | Martin Ingerl       |                             | M45    | 1      | 0:30:52 (12) | 0:30:55     |
| 13  | 307   | Timo Baur           | Staufeneck Schule           | MJ U18 | 1      | 0:31:43 (13) | 0:31:47     |
| 14  | 392   | Frank Noack         | MetallArt läuft             | M40    | 3      | 0:32:07 (14) | 0:32:17     |
| 15  | 438   | Tim Zowislo         | Staufeneckschule Salach     | MJ U16 | 1      | 0:32:43 (15) | 0:32:55     |
| 16  | 445   | Rüdiger Koch        | AST Süßen                   | M60    | 1      | 0:33:05 (16) | 0:33:10     |
| 17  | 451   | Rainer Erhardt      | SWU-Laufteam                | M55    | 1      | 0:33:27 (17) | 0:33:33     |
| 18  | 320   | Emanuel Dortschy    | Hohenstaufen Gymnasium      | MJ U16 | 2      | 0:33:36 (18) | 0:33:50     |
| 19  | 323   | Dennis Eberle       |                             | M30    | 4      | 0:33:48 (19) | 0:34:06     |
| 20  | 442   | Ferdinand Ahl       | Salacher TC                 | MJ U14 | 1      | 0:34:22 (20) | 0:34:29     |
| 21  | 425   | Henri Tramacere     | Team CJD                    | MJ U18 | 2      | 0:34:31 (22) | 0:34:34     |
| 22  | 403   | Lennard Riedel      | Team CJD                    | MJ U18 | 3      | 0:34:32 (23) | 0:34:35     |
| 23  | 306   | Jürgen Bauer        | MetallArt läuft             | M40    | 4      | 0:34:26 (21) | 0:34:36     |
| 24  | 388   | Christian Müller    |                             | M50    | 3      | 0:34:56 (24) | 0:35:02     |
| 25  | 363   | Conner Kofler       | Staufeneckschule Salach     | MJ U16 | 3      | 0:35:12 (25) | 0:35:23     |
| 26  | 360   | Moritz Joos         | Team CJD                    | MJ U14 | 2      | 0:35:49 (26) | 0:36:04     |
| 27  | 58    | Thorsten Joost      | CJD                         | M50    | 4      | 0:36:01 (27) | 0:36:16     |
| 28  | 339   | Tom Gunzenhauser    |                             | M      | 4      | 0:36:23 (28) | 0:36:44     |
| 29  | 366   | Marijan Kriz        | AlbAktiv Lauf-Team          | MJ U18 | 4      | 0:36:46 (29) | 0:36:50     |
| 30  | 426   | Silas Traub         | Schuster Der RaumAusstatter | M      | 5      | 0:36:56 (31) | 0:36:56     |
| 31  | 371   | Jonas Laube         |                             | MJ U16 | 4      | 0:36:51 (30) | 0:37:05     |
| 32  | 436   | Tobias Wörth        | Staufeneck Schule           | MJ U20 | 2      | 0:38:08 (32) | 0:38:18     |
| 33  | 301   | Giovanni Aiello     | MetallArt läuft             | M35    | 1      | 0:38:26 (34) | 0:38:36     |
| 34  | 321   | Tom Dressler        |                             | M      | 6      | 0:38:17 (33) | 0:38:36     |
| 35  | 384   | Lukas Müller        |                             | M30    | 5      | 0:38:52 (35) | 0:39:02     |
| 36  | 302   | Claus Allmendinger  |                             | M50    | 5      | 0:38:54 (36) | 0:39:11     |
| 37  | 408   | Karl Schlotz        | Sparda-Team Rechberghausen  | M65    | 1      | 0:39:04 (40) | 0:39:12     |
| 38  | 440   | Michael Reuter      |                             | M30    | 6      | 0:39:04 (39) | 0:39:16     |
| 39  | 452   | Dieter Waldt        | Ottsilla-Team Ottenbach     | M55    | 2      | 0:39:01 (38) | 0:39:20     |
| 40  | 317   | Klaus Dangelmayr    | Ottsilla-Team TSV Ottenbach | M60    | 2      | 0:39:01 (37) | 0:39:20     |
| 41  | 336   | Max Gunzenhauser    | Running Gag                 | M      | 7      | 0:39:36 (41) | 0:39:55     |
| 42  | 393   | Alois Hermann Nusko | AST Süßen                   | M60    | 3      | 0:39:43 (42) | 0:39:59     |
| 43  | 16    | Kai Bückle          | Satek                       | M50    | 6      | 0:39:49 (43) | 0:40:12     |
| 44  | 450   | Josef Buttig        | Staufeneck Schule           | MJ U18 | 5      | 0:40:03 (44) | 0:40:15     |

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| 45  | 432   | Fabian Walther       | Schuster Innenausbau    | M      | 8      | 0:40:21 (45) | 0:40:41     |
| 46  | 406   | Andreas Schindler    | TSG Salach              | M50    | 7      | 0:40:59 (46) | 0:41:01     |
| 47  | 415   | Wolfgang Schwegler   | DJK Göppingen           | M80+   | 1      | 0:41:33 (47) | 0:41:37     |
| 48  | 378   | Dominik Maier        |                         | M30    | 7      | 0:42:13 (48) | 0:42:26     |
| 49  | 370   | Felix Kurz           | Staufeneckschule Salach | MJ U16 | 5      | 0:42:21 (49) | 0:42:30     |
| 50  | 395   | Zoltán Pakó          | TSG Salach              | M40    | 5      | 0:42:45 (50) | 0:42:51     |
| 51  | 322   | Frank Drumm          | Team CJD                | M55    | 3      | 0:42:51 (51) | 0:43:04     |
| 52  | 421   | Tobias Thestorf      |                         | M40    | 6      | 0:43:29 (52) | 0:43:46     |
| 53  | 394   | Christoph Oberländer | EVF                     | M30    | 8      | 0:44:22 (53) | 0:44:38     |
| 54  | 342   | Dirk Halenka         | EVF                     | M50    | 8      | 0:44:23 (54) | 0:44:38     |
| 55  | 379   | Kilian Marquardt     | Staufeneck Schule       | MJ U18 | 6      | 0:46:34 (55) | 0:46:38     |
| 56  | 385   | Lukas Scheef         | AlbAktiv Lauf-Team      | M      | 9      | 0:47:33 (56) | 0:47:36     |
| 57  | 382   | Maximilian Millig    |                         | MJ U18 | 7      | 0:52:02 (57) | 0:52:09     |
| 58  | 325   | Michael Eichler      | Team CJD                | M55    | 4      | 0:52:33 (58) | 0:52:47     |

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|-----|-------|-------------------------|--------------------------------|--------|--------|--------------|-------------|
| 1   | 358   | Leonie Jicha            |                                | W      | 1      | 0:32:22 (1)  | 0:32:26     |
| 2   | 352   | Marietta Huber          | Die Hubers                     | W40    | 1      | 0:33:13 (3)  | 0:33:18     |
| 3   | 428   | Pia Wippermann          | Running Gag                    | W      | 2      | 0:33:10 (2)  | 0:33:29     |
| 4   | 356   | Yvonne Ingerl           |                                | W45    | 1      | 0:35:13 (4)  | 0:35:15     |
| 5   | 333   | Verena Grimann          | Team CJD                       | W40    | 2      | 0:35:21 (5)  | 0:35:22     |
| 6   | 417   | Pia Sexl                | TV Holzheim                    | WJ U16 | 1      | 0:35:23 (6)  | 0:35:32     |
| 7   | 305   | Tess Bastendorf         | Running Gag                    | W      | 3      | 0:35:42 (7)  | 0:36:01     |
| 8   | 404   | Stefanie Rösel          | Schuster Der RaumAusstatter    | W30    | 1      | 0:36:11 (9)  | 0:36:12     |
| 9   | 386   | Vreni Müller            |                                | WJ U16 | 2      | 0:36:09 (8)  | 0:36:14     |
| 10  | 387   | Mara Müller             |                                | WJ U18 | 1      | 0:36:45 (10) | 0:36:50     |
| 11  | 304   | Elisa Barthelmäs        | Staufeneck Schule              | WJ U18 | 2      | 0:37:14 (11) | 0:37:25     |
| 12  | 313   | Leandra Brunner         |                                | W      | 4      | 0:38:16 (12) | 0:38:36     |
| 13  | 329   | Katrin Fröscher-Schwell |                                | W40    | 3      | 0:38:26 (13) | 0:38:45     |
| 14  | 419   | Alessa Springer         |                                | W      | 5      | 0:38:52 (14) | 0:39:02     |
| 15  | 397   | Laura Pellegrino        |                                | W35    | 1      | 0:39:04 (15) | 0:39:05     |
| 16  | 335   | Yvonne Großkopf         |                                | W30    | 2      | 0:39:27 (16) | 0:39:39     |
| 17  | 365   | Sylvia Krieger          | FTSV Kuchen                    | W50    | 1      | 0:39:40 (17) | 0:39:49     |
| 18  | 349   | Monika Hochstetter      |                                | W45    | 2      | 0:39:51 (18) | 0:40:14     |
| 19  | 347   | Bettina Heim            |                                | W50    | 2      | 0:40:14 (19) | 0:40:24     |
| 20  | 311   | Elke Bräutigam          | Laufteam Elke Schwäbisch Gmünd | W60    | 1      | 0:40:29 (20) | 0:40:40     |
| 21  | 407   | Kiana Schindler         | Salacher Leichtathleten        | WJ U14 | 1      | 0:41:00 (24) | 0:41:02     |
| 22  | 338   | Tina Gunzenhauser       |                                | W30    | 3      | 0:40:42 (22) | 0:41:02     |
| 23  | 337   | Lena Gunzenhauser       |                                | W      | 6      | 0:40:42 (21) | 0:41:02     |
| 24  | 300   | Johanna Ahlers          | Schuster Innenausbau           | W      | 7      | 0:40:43 (23) | 0:41:05     |
| 25  | 376   | Sara Lutz               | Schuster Der RaumAusstatter    | W      | 8      | 0:41:41 (27) | 0:41:42     |

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| 26  | 396   | Claudia Paterno          |                         | W45    | 3      | 0:41:37 (25) | 0:41:48     |
| 27  | 447   | Anja Mayer               | AST Süßen               | W40    | 4      | 0:41:40 (26) | 0:41:50     |
| 28  | 332   | Karin Geringer           | TV Steinheim            | W50    | 3      | 0:41:48 (28) | 0:41:58     |
| 29  | 383   | Hümeyra Mrazic           |                         | W40    | 5      | 0:43:38 (30) | 0:43:40     |
| 30  | 344   | Giannina Härer           |                         | W30    | 4      | 0:43:49 (31) | 0:43:51     |
| 31  | 362   | Madeleine Kierstein      | Running Gag             | W      | 9      | 0:43:38 (29) | 0:43:57     |
| 32  | 443   | Viridiana Cuautle        | Alb Aktiv Lauf-Team     | W35    | 2      | 0:44:01 (34) | 0:44:06     |
| 33  | 420   | Adelina Böhnisch         | Staufeneck Schule       | WJ U16 | 3      | 0:43:59 (32) | 0:44:08     |
| 34  | 367   | Grace Kubitschek         | Staufeneckschule Salach | WJ U16 | 4      | 0:44:00 (33) | 0:44:09     |
| 35  | 341   | Laura Hald               | Staufeneckschule Salach | WJ U18 | 3      | 0:44:29 (35) | 0:44:41     |
| 36  | 312   | Bajer Bruni              | AlbAktiv Lauf-Team      | W65    | 1      | 0:46:27 (36) | 0:46:35     |
| 37  | 315   | Steffi Da Costa Ferreira |                         | W35    | 3      | 0:48:15 (37) | 0:48:32     |
| 38  | 398   | Sandra Rapp              |                         | W50    | 4      | 0:48:45 (38) | 0:48:58     |
| 39  | 433   | Fenja Weeger             | Staufeneckschule Salach | WJ U14 | 2      | 0:50:44 (39) | 0:50:52     |
| 40  | 449   | Beate Waizenegger        | AST Süßen               | W70    | 1      | 0:51:21 (40) | 0:51:37     |
| 41  | 330   | Elisabeth Fuchs          | Team CJD                | W50    | 5      | 0:52:33 (41) | 0:52:47     |
| 42  | 414   | Michelle Schwarz         | Schuster Innenausbau    | W      | 10     | 0:55:59 (42) | 0:56:20     |